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| **Eagle Menu** |
| **Sat. Breakfast**  | Sausage, Egg, and Cheese Muffins, Tang  |
| **Sat. Dinner**  | Confetti Sausage N Rice , Water  |
| **Sat. Dessert**  | Peach Cobbler  |

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| **Sausage, Egg, and Cheese Muffins** |
| 2 (per Person) Sausage Patties2 (per Person) English Muffins | 2 (per Person) Eggs2 (per Person) Salt & Pepper2 (per Person) Cheese Slices |
| Cook sausage patties on one part of the griddle.  Toast English muffins on another part.  Spray egg ring and spot where you will cook eggs with cooking spray.  Crack one egg into ring and tap yolk with spatula to break.  Lightly salt and pepper.  As soon as egg is set,   carefully remove ring and start another.  Eggs will be the slow part of this.  Assemble sandwich with muffin, sausage, slice of cheese and egg.  |

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| **Confetti Sausage N Rice**  |
| 2 Lbs Smoked Sausage, Cut ½ inch slices2 Tablespoons Margarine1 Small Onion, Chopped1 Small Green Pepper, Chopped1 Small Red Pepper, Chopped1/2 Cup Celery, Chopped | 4 Cups Hot Water2 Cups Uncooked Long Grain Rice1 1/3 Cups Frozen Peas and Carrots8 Ounces Mushroom Stems and Pieces, Drained1/2 Cup Frozen Corn4 Teaspoons Chicken Bouillon Granules - Can Substitute 4 cubes |
| Brown the sausage in Dutch oven with margarine.  Remove the sausage and sauté onions, peppers and celery in the drippings until tender.  Stir in remaining ingredients.  Bring to a boil.  Reduce heat, cover and simmer 15-20 minutes or until rice is tender.  Return the sausage to the Dutch oven and heat through.    |

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| **Peach Cobbler** |
| 1 Can (Large) Sliced Peaches1 Package White Cake Mix | 1 Stick Butter1 Tsp Cinnamon |
| When oven is preheated, pour whole can of peaches and juice into oven. Add dry cake mix on top of peaches. Place several pieces of butter on too and sprinkle with cinnamon over all. Bake about 45 minutes. Serves 8-10.**VARIATIONS:*** Use canned cherries and add sugar to cherries.
* Use canned apples with tsp. cinnamon & tsp. allspice to apples
* Use canned blueberries or blackberries and omit cinnamon
* Stir cake mix & peaches to provide spongier layer of cake.

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**Food List (For Recipe Ingredients)**

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| 1 Stick Butter1/2 Cup Celery4 Teaspoons Chicken Bouillon Granules1 Tsp Cinnamon1/2 Cup Frozen Corn1 1/3 Cups Frozen Peas and Carrots4 Cups Hot Water1 Can Large Sliced Peaches2 Tablespoons Margarine8 Ounces Mushroom Stems and Pieces2 per Person Cheese Slices2 per Person Eggs | 2 per Person English Muffins2 per Person Salt & Pepper2 per Person Sausage Patties1 Small Green Pepper1 Small Onion1 Small Red Pepper2 Lbs Smoked Sausage2 Cups Uncooked Long Grain Rice1 Package White Cake Mix |

**Other Ingredients and Items**

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| **Breakfast Drinks**1x Tang**Dinner Drinks**1x Water |