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| **Falcon Menu** |
| **Sat. Breakfast**  | Bacon & Egg Wraps, Bag of oragnsges, Orange juice (1 quart)  |
| **Sat. Dinner**  | Frontier Throw Together, Apples (1 per person), Water  |
| **Sat. Dessert**  | Apple Blueberry Crisp  |

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| **Bacon & Egg Wraps** |
| 2 Lbs Bacon2 (Per Person) Eggs1 Onion | Salt & PepperShredded CheeseTortilla Shells |
| Dice bacon and cook in Dutch oven. When almost done, add finely diced onion.  Crack two eggs per person into a bowl and beat.  Add salt, and pepper.  Pour over bacon and scramble in Dutch oven.  Fill tortilla and sprinkle with shredded cheese.  Serve with an orange and a glass of milk.  *For a more southwestern taste, add diced peppers with the onions and serve with salsa.* |

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| **Frontier Throw Together** |
| 2 Lbs Kielbasa, Chunked12 Potatoes, Peeled and Sliced think1 Lb Bacon, Diced5 Onions, Chopped | 2 Green Pepper, Chopped2 Cans MushroomsSalt and Pepper |
| Fry bacon in Dutch oven, remove.  Fry potatoes and onions in bacon drippings.  When almost done add everything else.  Cook until tender.   |

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| **Apple Blueberry Crisp** |
| 4 Cups tart apples, sliced peeled2 Cups blueberries1/4 Cup packed brown sugar | 1/4 Cup orange juice concentrate2 Tablespoons Flour1 Tsp cinnamon |

1 Cup old fashioned oats
1/2 Cup packed brown sugar
2 Tablespoons flour
1/2 Tsp ground cinnamon
1/3 Cup cold butter, cubed
Combine first six ingredients in Dutch oven.  In a bowl combine dry topping ingredients and cut in butter into squares until mixture is crumbly.  Sprinkle over the fruit.  Bake 35-40 minutes until topping is golden and fruit is tender.

**Food List (For Recipe Ingredients)**

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| 3 Lbs Bacon2 Cups blueberries1 Tsp cinnamon1/3 Cup cold butter2 Tablespoons flour2 Tablespoons Flour2 Green Pepper1/2 Tsp ground cinnamon2 Lbs Kielbasa2 Cans Mushrooms1 Cup old fashioned oats1 Onion5 Onions | 1/4 Cup orange juice concentrate3/4 Cup packed brown sugar2 Per Person Eggs12 PotatoesSalt & PepperSalt and PepperShredded Cheese4 Cups tart applesTortilla Shells |

**Other Ingredients and Items**

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| **Breakfast Items**1x Bag of oragnsges**Dinner Items**1x Apples (1 per person) | **Breakfast Drinks**1x Orange juice (1 quart)**Dinner Drinks**1x Water |