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| **Falcon Menu** | |
| **Sat. Breakfast** | Bacon & Egg Wraps, Bag of oragnsges, Orange juice (1 quart) |
| **Sat. Dinner** | Frontier Throw Together, Apples (1 per person), Water |
| **Sat. Dessert** | Apple Blueberry Crisp |

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| **Bacon & Egg Wraps** | |
| 2 Lbs Bacon 2 (Per Person) Eggs 1 Onion | Salt & Pepper Shredded Cheese Tortilla Shells |
| Dice bacon and cook in Dutch oven. When almost done, add finely diced onion.  Crack two eggs per person into a bowl and beat.  Add salt, and pepper.  Pour over bacon and scramble in Dutch oven.  Fill tortilla and sprinkle with shredded cheese.  Serve with an orange and a glass of milk.  *For a more southwestern taste, add diced peppers with the onions and serve with salsa.* | |

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| **Frontier Throw Together** | |
| 2 Lbs Kielbasa, Chunked 12 Potatoes, Peeled and Sliced think 1 Lb Bacon, Diced 5 Onions, Chopped | 2 Green Pepper, Chopped 2 Cans Mushrooms Salt and Pepper |
| Fry bacon in Dutch oven, remove.  Fry potatoes and onions in bacon drippings.  When almost done add everything else.  Cook until tender. | |

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| **Apple Blueberry Crisp** | |
| 4 Cups tart apples, sliced peeled 2 Cups blueberries 1/4 Cup packed brown sugar | 1/4 Cup orange juice concentrate 2 Tablespoons Flour 1 Tsp cinnamon |

1 Cup old fashioned oats  
1/2 Cup packed brown sugar  
2 Tablespoons flour  
1/2 Tsp ground cinnamon  
1/3 Cup cold butter, cubed  
Combine first six ingredients in Dutch oven.  In a bowl combine dry topping ingredients and cut in butter into squares until mixture is crumbly.  Sprinkle over the fruit.  Bake 35-40 minutes until topping is golden and fruit is tender.     
  
**Food List (For Recipe Ingredients)**

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| 3 Lbs Bacon 2 Cups blueberries 1 Tsp cinnamon 1/3 Cup cold butter 2 Tablespoons flour 2 Tablespoons Flour 2 Green Pepper 1/2 Tsp ground cinnamon 2 Lbs Kielbasa 2 Cans Mushrooms 1 Cup old fashioned oats 1 Onion 5 Onions | 1/4 Cup orange juice concentrate 3/4 Cup packed brown sugar 2 Per Person Eggs 12 Potatoes Salt & Pepper Salt and Pepper Shredded Cheese 4 Cups tart apples Tortilla Shells |

**Other Ingredients and Items**

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| **Breakfast Items** 1x Bag of oragnsges  **Dinner Items** 1x Apples (1 per person) | **Breakfast Drinks** 1x Orange juice (1 quart)  **Dinner Drinks** 1x Water |